

*It's a small world after all
There is just one moon
And a golden sun
And smile means friendship for everyone
There is so much we share
That is time we've aware
It's a small world after all*



Annual Report -2010- 11

S A H A Y A

151- ASHOK NAGAR, BHUBANESWAR - 09

E-mail – sahaya2008@yahoo.co.in

Dial – 0674-2115181 / 09338258125

Committed to end sufferings of destitute

SAHAYA

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What must life of the destitute patients on the street of Bhubaneswar city ? Sahaya has found the answer to that question. Kailash Chandra Sarangi and a team of 15 staff member fight to improve the lives of these unfortunate victims every day.

We are happy to place the Annual Report of SAHAYA for the year 2010-11 . We have proceeded this year with a lot of ups and downs, accomplishment and challenges, success and failures but every step was a learning point for us.

The Genesis

The program was started by one Kailash Chandra Sarangi a one man round the helpline for the needy people. He acted as If a person from any place in the city required emergency medical help at an odd hour, he is just a phone call away. Even railway police and hospital authorities take help from Kailash in case of emergency. Even today he is often seen at the Capital Hospital cleaning wounds of patients, giving food and bringing diagnosis reports for lonely patients. He does not even hesitate to spend everything he earns on these patients who are not known to him. The requirement of money for these needy patients increased. But he did not give up his noble work. He believes that God helps the person who helps poor and needy.

Achievements – 2010-11

- **No. of Destitute patients received**
- Medical service** – 136
- **No of Accident victims assisted** – 762
- **No of patients restored to homes** – 51
- **No of Blood donation camps organized** – 02
- **No. of Blood units collected** – 121
- **No of medical camps organized** – 02
- **No of children educated** – 100
- **No of relief operation camps organized** - 01

Our Vision

Building a society free of disease and malnutrition, pain and sufferings, abandonment and destitution where the people love the neighbor as themselves to heal the sick and care for the weak and poor.

Our Mission

We seek to do this by providing physical help and support with medicine and other help to the destitute patients in the hospital and those who are in need of emergency medication like victims of road accidents, railway passengers who are sufferings of drug violence

The splendid effort was highly admired by a philanthropist Sri Santosh Kumar Sahoo who became the patron of Kailash and extended his helping hand to his noble work. His wife Smt. Sasmita Sahoo was also a woman behind him who supported her husband for this noble work. Then their team was enlarged. As a

result Sahaya – a voluntary action group was build up which is dedicated to the well-being of poor and destitute patients who suffer without a help. The organization has been engaged in multifarious activities as follows:

Saving the Lives of Road Accident Victims

Road related accidents cost India millions every year, but there is no sign of any possible intervention. To despair, there is no available record of precisely how much developmental money is lost due to road related accidents, and how much compensation is paid to road accident victims. Currently motor vehicle accidents rank ninth in order of disease burden and are projected to be ranked third in the year 2020. Worldwide, the number of people killed in road traffic crashes each year is estimated at almost 1.2 million, while the number injured could be as high as 50 million. In India, over 80,000 persons die in the traffic crashes annually, over 1.2 million are injured seriously and about 300000 disabled permanently.



As we observe, on an average, 10 accident cases are registered only in Capital Hospital. We also have analysed that due to non attendance and instant assistance many victims die on the spot or at the hospital. Two Road Accident Helplines supported by the Road Transport Authority of Orissa has been running by Sahaya in the city. One Helpline covers the area from Baramunda Bus Terminal to Khurda and another covers from Bhubaneswar city to Pipli. The Helpline volunteers rescue the road accident victims as soon as they receive a phone call and transport them to hospital. The organization has its own ambulance to transport the patients. Sometimes it takes the help of PCR van or other vehicles to bring the patients to hospital. The victims are provided with all possible services including, medicine, blood, clothes, food, attendant and trauma counseling. The patient is supported till he/she is handed over to the relatives. If the patient is a destitute then the Sahaya volunteers refer him/her to a destitute home/old age home for proper care. Many a times the critical cases are referred to SCB Medical College and Hospital for advance treatment. In that case Sahaya volunteers transport the patients to Cuttack.

During 2010-11 Sahaya assisted a total number of 762 road accident victims of which 320 were from the Baramunda to Khordha Accident Helpline and 442 were from Bhubaneswar city to Pipli Helpline.

Ensure Right to Health for destitute

The high prevalence of disease and mortality in destitute and the people living on the street in consequence of poor nutrition, inaccessibility of medical care, absence of any physical support and money, and ignorance of preventive health issues is a matter of great concern for Sahaya. Every individual in our society has a right to survive and be

protected from the annoyance of disease. Every day a number of destitute patients die without getting a pill or a bottle of blood. Many a time these unfortunate patients are ignored by the health care providers.

In response to the sufferings of these destitute patients Sahaya started its emergency medical care services at the Capital Hospital. It rescues the destitute patients, admit them in the hospital and take care of these patients till they are fully cured and till they are either handed over to any destitute home/ short stay home or old age home. All the basic

<u>Medical Program attended</u>	<u>No. of patients</u>
1. Medical Help to Destitute patients	136
2. Information given to patients	21722
3. Patients rehabilitated to their homes	51
4. Patients referred to destitute homes	35

amenities required during their treatment like medicine, blood, food, clothes, attendant etc are provided in times of need. It also links them to a long term rehabilitation or restoration to their families if possible.

Patient Information Centre

Acknowledging the needs of poor ignorant people who come to Capital Hospital for specialized medical service Sahaya has started its Patient Information and Assistance Centre at the Hospital. With the help of Capital Hospital Authority, the PIAT has been running from 2009. The hospital authority has provided a space in front of the entry counter to place the information centre. The centre is visible to all patients who come to the hospital. In addition the hospital authority also has provided a room to keep clothes, and other materials for the destitute patients. The medical volunteers are available till late night to assist the patients and available round the clock on telephone.

Many ignorant people are often failing to spot the hospital wards, get correct medical information and facilities. On the other hand, a number of patients die without a bottle of blood and some medicine. No body comes forwards to help a penniless patient. It also has been observed that many patients do search for an attendant since they have no body to look after them during their treatment at the hospital.



The centre helps the patients and their relatives to locate the particular ward, office and inform them the services available by government for the patients.

In addition it also assists the poor patients with some medicine, blood and other materials required for the patients. Govt. has assured a number of facilities to the patients Below Poverty Line. They are helped to access and avail all these services.

Blood that save Lives

Every year India requires about 4 Crore units of blood, out of which only a meager 40 Lakh units of blood are available. In every two seconds someone needs blood. More than 38,000 blood donations are needed every day. A total of 30 million blood components are transfused each year. So the gift of blood is the gift of life. There is no substitute for human blood.



In India the incidence of blood related diseases, anemia, malnutrition growing rate of road accidents are responsible for the increasing need of blood in the blood banks. On the other hand the destitute patients and those who suffer from Thalasemia need blood without any exchange. As a result the Blood Banks always run short of blood and require donated blood from time to time to meet the necessities.

Sahaya extends its hand to help the Blood Bank at Capital Hospital by organizing regular blood donation camps in the city with different groups of the population. This year it has organised 02 of such camps as given under.

Date	Place of the Camp	Units collected	Donor group
28.7.2010	Ganesh Mandir, Unit -I Market	51	Business people
22.08.2010	Unit Health Care, Nayapalli	70	Hospital people

Reaching out to un-reached

The high incidence disease and mortality rate in the slum and rural people is a matter of concern for Sahaya. Many a children suffer from malnutrition and communicable diseases due to ignorance of parents and poverty. In addition, high mortality and morbidity rates among children as a result of frequent child bearing and poor nutrition of their mothers are also recognized.

The organization promotes this by organizing community health awareness programs whereby it focuses on responsible parenthood, maternal care, and reproductive health. It runs a Health Care unit at Seulasahi, Nimapara in the Puri district with the help of Jagruti Mahila Group and other philanthropists of that village. The Health care unit opens twice a week. A registered doctor and a pharmacist conduct health check up, dispense medicines and give medical advices to the poor people. The critical patients are referred to Nimapara hospitals. The unit is partially sustained with the support of the community. The objective is to bring about a lasting improvement in the lives of rural people.

In addition, a major health camps were organized in the Bhubaneswar slums. One was at Maa Phuleswar slum with the help of 'A' Drop where more than 150 patients received treatment. Four doctors from the Capital Hospital treated the patients.

Education for Empowerment

The state of children in the Bhubaneswar city especially those who live on the street / railway station and in the slums is very discouraging and a large section of them are undernourished, go without shelter, are not properly treated in their illness and grow even without many of their basic needs having been met. There are still children who are deserted and rendered orphan with no one to take care of them. Many children are the unfortunate victims of family abuse and willful violence committed by the adult society. The instances of children used for prostitution are also galore. Education is a distant dream for these children.

Sahaya reaches out to these marginalized sections of children with alternative schools. It runs two schools – one at the railway station of Bhubaneswar and one in a slum at Maa Phuleswari. Sahaya's schools are the schools with difference. It believes that the main purpose of education is to tap and evolve the latent potentials of the individual in the same way as nature evolves a tree out of a seed. To help in the growth of the consciousness, and for the progressive unfolding of their mind, education is considered to be the best means. Children are given ample opportunities in the school to dream the future.

Again, education itself is not just the training of the mind, but the integral and harmonious development of the being. Sahaya emphasizes on the free and natural learning so that the inner potential of the children will blossom.

It runs two schools – one at Bhubaneswar Rly. Station for those who work and live on and around the railway station and the other at Maa Phuleswari Slum for those who live in the slum and are deprived of education.

Tree is Life

India is suffering from a harsh ecological problem due to rapid deforestation in the society. Due to unplanned city program and the increasing activities of Jungle mafia we are losing lakhs of trees which means we are digging our coffin wholes. If new jungles are not created with an immediate effect, the human civilization will be vanished in very near future. Sahaya recognizes the need of the trees and tries to put all possible effort to make Bhubaneswar a green city. It regularly creates public awareness and plants trees for life.

Special programs

During the year 2010-11 a number of special programs were organized. Some of them are given as under.

a) Road Safety Awareness :

Sahaya observed the Road Safety week from 01.01.2011 to 07.01.2011. A number of programs were organized including street plays, street campaigning, distribution of leaflets and counseling the drivers etc.

b) Relief Camp :

A relief camp was organized in August 2010 at Puri, Delanga and Kakatpur for the victims of flood. Food and medicines were distributed as relief to the people.

c) Camp at Car Festival :

Car festival in Puri is one of the largest festivals in Odisha. On this occasion, Lord Jagannath, Balabhadra and Subhadra moves from Srimandir to Gundicha Ghar. Millions of people from all over the country even from other countries come to see this festival. Sahaya arranged a camp at the car festival. It provided ambulance transportation and medical help to the patients and road accident victims. During the camp over 300 people were helped with medical assistance including attendant, food, drinking water and other services at Puri.

**Our Managing Committee**

<i>Sl</i>	<i>Name of the Governing Board Member</i>	<i>Designation</i>
1	Sri. Santosh Kumar Sahu	President
2	Smt. Sasmita Sahu	Vice President
3	Sri. Kailash Chandra Sarangi	Secretary
4	Smt. Pratima Kar	Joint Secretary
5	Sri. Jayadev Sahoo	Treasurer
6	Sri. Suresh Ch. Sarangi	Member
7	Sri. Ramesh Ch. Nayak	Member

We comply Credibility Alliance Norm

1. All staff are full timers. They receive honorarium in the range of 1500 to 5000 per month. In addition some of the staff member also access free meals donated by a donor restaurant.
2. Nobody from the organization has traveled by air.
3. Some staff attended state level/district level training/conference/seminars with financially support of the organizing authority
4. No board member receives any salary from the organization.

Award and Recognitions

In recognition of the services rendered to bring a change in the society Sri Kailash Chandra Sarangi, Founder Secretary of Sahaya has received the following awards.

- a) Besant Selfless Service Award 2008 by Theosophical Order of Service, Bhubaneswar. He received the award from His Excellency Governor of Orissa.
- b) Sretha Samaj Sevi Puraskar 2008 by NETA.
- c) Mahamahopadhyaya Chandra Sekhar Singh Samanta Harichandan Mohapatra Samman – 2008 by Khandapara Vikash Parisad
- d) Sakha award – 2008.
- e) Krushna Chandra Mantry Memorial Award 2009 for Best Youth Social Worker form Nehru Institute of Youth Affairs.
- f) Brukhya Bandhu Samman – 2009 from Prerana a leading organization works on Environment.
- g) State Youth Award from the Chief Minister Naveen Patnaik on 05.03.2011 at Jaydev Bhawan.
- h) District Red Cross Branch awarded on 14.06.2010.
- i) CHITHI SUNMAN 2010 for selfless services.



Financial information

Sahaya is financially dependent on the donations from the members, other well wishers. The State Road Transport Authority supports the organization to run two Accident Helplines. Details of financial information and audited statement of accounts will be available on demand. A savings bank account has been opened in the State Bank of India, Main Branch, Unit - I which is jointly operated by the Secretary and the President. Sri Jagabandhu Patra, Chartered Accountants audits the accounts annually.

Thanks Donors

The smile in the faces of destitute patients and the children in need of care and protection is only possible by the compassionate donation of our friends and well wishers. We would like to record our heart-felt gratitude for our donors who have been supporting to the cause and contributing to continue our activities.
