

To enjoy good health, to bring true happiness to one's family, to bring peace to all, one must first discipline and control one's own mind. If a man can control his mind he can find the way to Enlightenment, and all wisdom and virtue will naturally come to him.

- Buddha



## **Annual Report -2012 - 13**

**S A H A Y A**

151- ASHOK NAGAR, BHUBANESWAR – 09

E-mail – [sahaya2008@yahoo.co.in](mailto:sahaya2008@yahoo.co.in)

Dial – 0674-2115181 / 09338258125

## SAHAYA

### Annual Report - 2012- 13

Balaram Sethi a 12 years old child of Puri was found unconscious and seriously injured at the railway line. He met the accident with Rajdhani Express. On a phone call Sahaya volunteers rushed to the station and rescued Balaram. He was admitted in the Capital Hospital. After a daylong treatment he was found conscious and informed about his family. Sahaya volunteers informed his family and his mother reached at hospital. After complete treatment Balaram was handed over to his mother.

Hursicash Behera was found unconscious at Indera Gandhi Park. He was brought to hospital by the Sahaya volunteers and was admitted in causality. After a day he was all right and was handed over to his father.

Radhika Debi aged about 60 years of Bihar was found seriously injured by an accident on 11<sup>th</sup> May 2012 at Master Canteen square. She was suffering from pain. Receiving a telephone call Sahaya team rescued her and admitted in Capital Hospital. She was provided with all necessary support and service. Her family members reached after two days and she was handed over to them. All this was possible because of the dedicated team of Sahaya.

Not only Balaram, Hursikesh or Radhika Debi, Sahaya has been helping thousands of destitute people with medical care. By emergency rescue operation of Sahaya team and timely treatment saves their lives. Many of them are restored to their families and some are sent to destitute homes.

Sahaya has crossed through many huddles, ups and downs, accomplishment and challenges, success and failures but every step was a learning point for Sahaya,

#### **Key Highlights – 2011-12**

- ***No. of Destitute patients received medical service*** – 206
- ***No of Accident victims assisted*** – 1782
- ***No of patients restored to homes*** – 62
- ***No of Blood donation camps organized*** – 03
- ***No. of Blood units collected*** – 130
- ***No of children educated*** – 80
- ***No of health camps organized*** - 01
- ***No of free Health care unit run*** - 01



13/03

## **The Origin**

In response to the alarming rise in numbers of accident casualty, malnourishment deaths and female foeticides, death of destitute patients in the hospitals in absence of proper care and support, Sahaya started its service 10 years back. Presently it has been reaching out to all the needy patients of Bhubaneswar and road accidents victims in the road from Bhubaneswar to Pipli and from Baramunda to Khordha.

The initiative was started by kind hearted young man Kailash Chandra Sarangi. He acted as a one man round the helpline for the needy people. If a person from any place in the city required emergency medical help at an odd hour, he is just a phone call away. Even railway police and hospital authorities take help from Kailash in case of emergency. He is often seen at the Capital Hospital cleaning wounds of patients, giving food and bringing diagnosis reports for unsupported patients.



He does not even hesitate to spend everything he earns on these patients who are not known to him. He believes that God helps the person who helps poor and needy.

Sri Santosh Kumar Sahoo and his wife Mrs. Sasmita Sahoo extended their supporting hand to Kailash's noble work in service of the destitute people. Slowly with the support of other philanthropists they formed an organisation and named it as Sahaya. Sahaya has been dedicated to the well-being of poor and destitute patients who suffer without a helping hand.

### ***Our Vision***

*Building a society free of disease and malnutrition, pain and sufferings, abandonment and destitution where the people love the neighbor as themselves to heal the sick and care for the weak and poor.*

### ***Our Mission***

*We seek to do this by providing physical help and support with medicine and other help to the destitute patients in the hospital and those who are in need of emergency medication like victims of road accidents, railway passengers who are sufferings of drug violence*

## **Medication is everyone's right**

The people of slums suffer from a number of communicable diseases and warm infestation due to a rudimentary waste disposal system and insanitary living condition.

The streets of the city are the breeding ground of antisocial activities, alcoholism and prostitution. Misery and sufferings, poverty and destitution are the integral part of the people in the city. Thousands of people from the city visit Capital Hospital and often they are exploited and are not able to access the proper services from the hospital in times of need.

The volunteers of Sahaya address to the needs of these neglected vulnerable people with emergency medical care and basic amenities required during their treatment. It also links them to a long term rehabilitation or restoration to their families.

Many people are found sick and dying underneath the railway flyover or city over bridges in the city of Bhubaneswar. Sahaya volunteers rescue these people and put them in the hospital. They work till these people are completely rehabilitated. While the most serious cases from among the streets get immediate attention and first aid at the spot, those requiring long-term rehabilitation are also helped for the same.

This year 206 destitute patients have been helped to get treatment in the Capital Hospital. They were provided with necessary amenities including medicine and blood units and attendants. 62 of them were restored to their homes and others were referred to different NGO run homes.

#### ***Patient Information & Assistance Centre***

Patient information and Assistance Centre is a most needed program operates in the Capital Hospital premises which not only assists the patients and their attendants by giving correct information on the hospital service and other services available of the patients, it also helps the poor and destitute patients with all necessary services and medicine / blood / food / clothes and attendants.

Capital Hospital authority also has extended their helping hand to these people through, Sahaya. The Hospital authority has provided a space to run the Patient Information and Assistance Centre near the reservation counter and a room to keep all necessary materials including cloths and blankets etc. for the destitute patients. A medical volunteer is always available to give information about the sites of different wards and services, different services & facilities available by the hospital authority. It also helps the patients to get the services at the right time.





### ***Road Accident Helpline***

Road accidents have earned India a dubious distinction. With over 130,000 deaths annually, the country has overtaken China and now has the worst road traffic accident rate worldwide. Every hour, 40 people under the age of 25 die in road accidents around the globe. In India alone, the death toll rose to 14 per hour.

Many a times the victims of road accidents suffer unattended. Due to the absence of care and emergency medical services, we lose many valuable lives either on the accident spot or at the hospital. As we observe, on an average, 10 accident cases are registered only in Capital Hospital.

Sahaya runs two 24 x 7 Road Accident Helplines with the help of Odisha Road Safety Society of Road Transport Authority. One runs from Baramunda bust stand to Khordha and the other runs from Bhubaneswar city to Pipli. The Road Safety Authority has supplied two ambulances to transport the victims of road accidents from the accident spot to hospital. The trained road accident volunteers rescue the victims as soon as they



receive a telephone call. They provide expertise first aid service at the spot and transport the patient to the hospital as soon as possible. The patient is provided with medicine, blood, food, clothes, attendant and other services till the relatives of the patient start attending him. The critical cases referred to SCB Medical College and Hospital are also transported by the Sahaya volunteers. In case of destitute victims, they are referred to NGO run homes as soon as they are discharged from the hospital.

During the year 2012-13 Sahaya has intervened with 1782 road accident cases of which 889 are from Bhubaneswar city to Pipli Helpline and 893 from Baramunda to Khordha Helpline. It also takes the help of PCR police to transport the cases to Capital Hospital. The road accident volunteers keep themselves ready for 24 hours to rescue the victims and attend at the hospital. The organisation has appointed two volunteers at the Capital Hospital to attend the road accident victims rescued by the PCR vans and other parties.

### Your Blood can save a life

Blood is precious. A single car accident victim can require as many as 100 units of blood. Every two seconds someone needs blood. More than 38,000 blood donations are needed every day. The high incidence of blood related diseases, anemia, malnutrition growing rate of road accidents are responsible for the increasing need of blood in the blood bank. On the other hand the destitute patients and those who suffer from Thalasemia need blood without any exchange. As a result the Blood Banks always run short of blood and require donated blood from time to time to meet the necessities.

Sahaya extends its hand to help the Blood Bank at Capital Hospital by organizing regular blood donation camps in the city with different groups of the population. This year it has organised 03 of such camps as given under.



Date of Camp	Place of Camp	Donor Group	Units collected
06.04.2012	Ganesh Mandap, Unit – I Market	Business people	50
16.6.2012	Maharaja Cricket Association	Sports people and People of Patrapara	20
25.12.2012	Traffic Police Commissioner office	Police personel	60
Total			130

### Reaching out to un-reached

The organization promotes a sustainable health care plan by organizing community health awareness programs whereby it focuses on responsible parenthood, maternal care, and reproductive health.

It runs a Health Care unit at Seulasahi, a scheduled casts intensive village in Nimapara block in the Puri district with the help of Jagruti Mahila Group and other philanthropists of that village. The Health care unit opens twice a week. A registered doctor and a pharmacist conduct health checkups, dispense medicines and give medical advices to the poor people. The critical patients are referred to Nimapara hospitals. The unit is partially sustained with the support of the community. The objective is to bring about a lasting improvement in the lives of rural people.

In addition it organize Health Camps at different people for those who find it difficult to reach at the hospital. This year it organized a Health camp at Maa Phuleswari Basti which is far away from the hospital. Dr. Jagabandhu Mishra, Dr. Lingaraj Pradhan and Dr. Kabita Mohapatra and other medical staff attended the camp and dispensed medicines to the slum people. 156 patients were dispensed with medicines.



### **Education for Empowerment**

Every child dreams of enjoying a happy childhood and looks forward to having a secure future. However, circumstances and situations force a sizeable majority of children to earn their livelihood at an age when they should be studying in schools. It is these vulnerable lives that Sahaya wishes to change with focussed campaigns.

Sahaya reaches out to the marginalized section of children with remedial education. It runs an education centre at Maa Phuleswari slum. It is an education centre with difference. It believes that the main purpose of education is to tap and evolve the latent potentials of the individual in the same way as nature evolves a tree out of a seed. To help in the growth of the

consciousness, and for the progressive unfolding of their mind, education is considered to be the best means. Children are given ample opportunities in the school to dream the future. Again, education itself is not just the training of the mind, but the integral and harmonious development of the being. Sahaya emphasizes on the free and natural learning so that the inner potential of the children will blossom.

### **Participation in Car festival.**

Car festival is a world's renowned festival organized in the city of Puri. People from different countries attend the festival. This year Sahay team organized health program at the car festival. The volunteers were engaged to give first aid and transport the needy patient to hospital in emergency. They used two ambulances for the program.

### **Tree is Life**

Environmental pollution is the biggest menace to the human race on this planet today. It is true that trees are being cut down rapidly. Our earth is becoming warmer. If pollution continues, the day is not far when our earth will be a boiling pan and become a desert. Or it will be covered with sea water causing destruction of mankind.

India is suffering from a harsh ecological problem due to rapid deforestation. Due to unplanned city program and the increasing activities of Jungle mafia we are losing

lakhs of trees which means we are digging our coffin wholes. If new jungles are not created with an immediate effect, the human civilization will be vanished in very near future.

Sahaya recognizes the need of the trees and tries to put all possible effort to make Bhubaneswar a green city. It regularly creates public awareness and plants trees for life.

### **Our Managing Committee**

	<u><b>Name</b></u>	<u><b>Designation</b></u>
1.	Sri. Santosh Kumar Sahu	President
2	Dr. Jagabandhu Mishra	Vice President
3	Sri. Kailash Chandra Sarangi	Secretary
4	Sri Jitendranath Rath	Joint Secretary
5	Dr. Bibin Bihari Panigrahi	Treasurer
6	Dr. Loknath Acharya	Member

### **We comply Credibility Alliance Norm**

1. All staff are full timers. They receive honorarium in the range of 4000 to 6000 per month. In addition some of the staff member also access free meals donated by a donor restaurant.
2. Nobody from the organization has traveled by air.
3. Some staff attended state level/district level training/conference/seminars with financially support of the organizing authority
4. No board member receives any salary from the organization.

### **Award and Recognitions**

- In recognition of the services rendered to bring a change in the society Sri Kailash Chandra Sarangi, Founder Secretary of Sahaya has received the following awards.
- a) Besant Selfless Service Award 2008 by Theosophical Order of Service, Bhubaneswar. He received the award from His Excellency Governor of Orissa.
  - b) Sretha Samaj Sevi Puraskar 2008 by NETA.
  - c) Mahamahopadhyaya Chandra Sekhar Singh Samanta Harichandan Mohapatra Samman – 2008 by Khandapara Vikash Parisad
  - d) Sakha award – 2008.
  - e) Krushna Chandra Mantry Memorial Award 2009 for Best Youth Social Worker form Nehru Institute of Youth Affairs.
  - f) Brukhya Bandhu Samman – 2009 from Prerana a leading organization works on Environment.
  - g) State Youth Award from the Chief Minister Naveen Patnaik on 05.03.2011 .
  - h) CHITHI SUNMAN 2010 for selfless services
  - i) District Red Cross Branch awarded on 14.06.2010.
  - j) Awarded by Prerana on the occasion of 9<sup>th</sup> Bhubaneswar Mahostav on 3.6.2011.



- k) Award of Vocational Excellence 2011 from Rotary Club of Bhubaneswar on 30.10.2011.
- l) Odisha Citizens Award 2012 by Tata Steel organized by O TV, a private television channel
- m) Award from People's Forum, Bhubaneswar in 2012 for contribution in social work
- n) Social work award from Hari Om Club, Bhubaneswar in 2012

### **Financial information**

Sahaya is financially dependent on the donations from the members, other well wishers. Details of financial information and audited statement of accounts will be available on demand. A savings bank account has been opened in the State Bank of India, Main Branch, Unit - I which is jointly operated by the Secretary and the President. Sri Jagabandhu Patra, Chartered Accountants audits the accounts annually.



### **Thanks Donors**

The smile in the faces of destitute patients and the children in need of care and protection is only possible by the compassionate donation of our friends and well wishers. We would like to record our heart-felt gratitude for our donors who have been supporting to the cause and contributing to continue our activities.

