

# ANNUAL REPORT - 2018-19

*If you are working on something that  
you really care about you do not have  
to be pushed.*

# SAHAYA ANNUAL REPORT-2018-19

S A H A Y A

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## ***The Origin***

Sahaya has become a savior for the destitute patients and victims of road accident as well as those who become victims of drugs and poisons by the miscreants in the train and bus. In response to the alarming rise in numbers of accident casualty, death of destitute patients in the hospitals in absence of proper care and support, Sahaya started its service 15 years back. Presently it has been reaching out to all the needy patients of Bhubaneswar and road accidents victims in the road from Bhubaneswar to Pipli and from Baramunda to Khordha.



This is a noble endeavor started 18 years back by a kind hearted young man Kailash who acted as a one man round the helpline for the needy people. If a person from any place in the city required emergency medical help at an odd hour, he is just a phone call away. Even railway police and hospital authorities take help from Kailash in case of emergency. He is often seen at the Capital Hospital cleaning wounds of patients, giving food and bringing diagnosis reports for unsupported patients. He does not even hesitate to spend everything he earns on these patients who are not known to him. He believes that God helps the person who helps poor and needy.

Sri Santosh Kumar Sahoo and his wife Mrs. Sasmita Sahoo extended their supporting hand to Kailash's noble work in service of the destitute people. Slowly with the support of other philanthropists they formed an organization and named it Sahaya. Sahaya has been dedicated to the well-being of poor and destitute patients who suffer without a helping hand.

### ***Our Vision***

*Building a society free of disease and malnutrition, pain and sufferings, abandonment and destitution where the people love the neighbor as themselves to heal the sick and care for the weak and poor.*

### ***Our Mission***

*We seek to do this by providing physical help and support with medicine and other help to the destitute patients in the hospital and those who are in need of emergency medication like victims of road accidents, railway passengers who are sufferings of drug violence*

## ***Blood Donation Camp***

A noble work done by the SAHAYA organization that is BLOOD DONATION CAMP. Blood is precious. A single car accident victim can require as many as 100 units of blood. Every two seconds some one needs blood. More than 38,000 blood units are needed every day. The high incidence of blood related diseases like anemia, malnutrition, growing rate of road accidents are responsible for the increasing need of blood in blood



bank. On the other hand the destitute patients and those who suffer from Thalasemia need blood without any exchange. As a result the Blood Banks always run short of blood and require donated blood from time to time to meet the necessities. SAHAYA extends its hands to help the Blood Bank at Capital Hospital by organizing regular blood donation camps in the city with different groups of population. Our organization conducts the last blood donation camp was held on 14<sup>th</sup> September 2018 at Nuakhai Resturant, Bapuji Nagar, Bhubaneswar and 13<sup>th</sup> October 2018 at NISER, Bhubaneswar(Jatni). In that camp 150 donors donated blood. Our organization collected around 150 units of blood from public through its own effort. Blood Bank officer Dr. Debasis Mishra and his team, Dr. Jagabandhu Mishra, Vice –President, Kailash Chandra Sarangi, Secretary, Mrs. Mamata Padhi, Social worker and volunteers of SAHAYA attended the camp.

## ***Patient Information & Assistance Centre***

Patient information and Assistance Centre is a most needed program, that operates in the Capital Hospital premises, which not only assists the patients and their attendants by giving correct information on the hospital service and other services available of the patients, it also helps the poor and destitute







patients with all necessary services and medicine / blood / food / clothes and attendants.

Capital Hospital authority also has extended their helping hand to these people through, Sahaya. The Hospital authority has provided a space to run the Patient Information and Assistance Centre near the reservation counter and a room to keep all necessary materials including cloths and blankets etc. for the destitute patients. A medical

volunteer is always available to give information about the sites of different wards and services, different services & facilities available by the hospital authority. It also helps the patients to get the services at the right time. This year Sahaya volunteers provided with information to over 2,00,000 people who came to the hospital for medical service, supported by OMC, Bhubaneswar.

SAHAYA has started its programme of Patient Information & Assistance Centre to inaugurate its sister at SCB Medical College & Hospital, Cuttack on 3<sup>rd</sup> March 2018 and at District Head Quarter Hospital, Puri on 24<sup>th</sup> March 2018 to help destitute Patients, road victims. 12 volunteers in SCB medical College, Cuttack & 10 volunteers in District Head Quarter Hospital, Puri are engaged sincerely, providing emergency services to the needy patients.



A furious road accident occurred at Kalpana Chhak near Bhubaneswar on 24.07.18 at 12.30 p.m. By this accident the passengers of the bus were seriously injured and out of them 15 persons were shifted to Capital Hospital by Sahaya ambulance. Sahaya volunteers were the only support for a huge number of unconscious patients. They were provided with all necessary facilities and comforts by Sahaya volunteers including mats, food, water etc. For two days they were helped by the volunteers of Sahaya. After that they were discharged from hospital. At the end they were provided with transportation to go back to home.

On 22.09.18 a serious Bus accident occurred at nearby Rasulgarh, Pallasuni at 3.30 pm. About 11 people were injured and transported by SAHAYA ambulance to Capital Hospital. Out of them 6 persons were referred to SCB medical Cuttack by Sahaya

volunteer and Capital Hospital. Sahaya volunteers helped them day and night, provided them all possible help, extended help to take them for x-ray, Ct-Scan, medicine and blood examination units. The Sahaya volunteers were working as bed side attendants for all these patients at hospital. After seven days they were discharged.

On 13.09.2018 Kunja Nayak (M/27) a destitute person resident of Kundibira, P/s:- Sorada, Dist:- Ganjam was found seriously ill and was unattended by the family members. After receiving information, Sahaya team rescued him and brought him to Capital Hospital . He was admitted and received treatment for about 3 days. He was provided with all necessary support including medicine, additional food, cloth and nursing by the Sahaya team. When he was fully cured and discharged he was sent home with the ambulance of Sahaya. He got his life back with the help of Sahaya.

On 21.11.18 Sanjeeb Chatar a young man of 22 years was got down at Bhubaneswar railway station from Antodaya Express. He was followed by some miscreants who gave him drugs with food. Hence he as found unconscious at the road side of Unit-1 Market. The miscreants stolen all his money, mobile phone and other belongings . The information reached with Sahaya team. Immediately they rescued Sanjeeb from the street and transported him to Capital Hospital with their ambulance. He was admitted and got treatment. After a day of treatment his consciousness came back. He informed details of his family. They his family and contacted. When they reached at the hospital Sanjeeb was handed over to them.

On 20.11.18 a serious Bus accident occurred at Mahanadi bridge at Sikharpur at 6.30 pm. The bus imbalanced and fall down from bridge to river Mahanadi. About 10 people were died on the spot and 60 people were injured who were transported by 108 ambulance, PCR Van, Private ambulance, Fire station vehicle to SCB Medical College & Hospital. Immediately Sahaya volunteers started their service and



all victims in order. They helped the doctor on duty to start treatment. After primary treatment at causality Sahaya volunteers shifted them to Trauma care, ICU in SCB medical. They helped them to get all pathological examinations and X ray done at the hospital. They worked as bed side attendants for all these patients at the hospital during their treatment. Communicated information to their family and relatives. After discharge, some people were transported to their families with Sahaya Ambulance. For the outstanding service during the incident, two Sahaya volunteers viz. Priyabrat Sethi and Santanu Panda were awarded by the Commissioner of Police .Anupama Panda was awarded by the Jay Jagannath Seba Samitee, Cuttack.

A furious road accident occurred at Mahakalapada, Kendrapada on 10.07.18 at 12.30 p.m. A Tata Acc carrying 22 construction labourers to the work site. On the road it was imbalanced and turned down. All 22 people were seriously injured. One of them was died on the spot and 21 insured persons were shifted to Mahakalapada Hospital by 108 ambulance. After first aid they were referred to SCB Medical College & Hospital, Cuttack. Sahaya volunteers were the only support for a huge number of road accident victims. They were helped with all necessary facilities and comforts at the hospital by Sahaya volunteers including X-ray, CT Scan, Ultrasound, blood examination unit, Saline and injection etc. After treatment they were shifted to Trauma care centre for better treatment. Sahaya volunteers worked day and night as bed side attendant at hospital. After about eight days of hospitalization most of them got cured and returned to their families. But five from amongst them were hospitalized for about 22 days.

On dt.27-07-2018 Bhamari Swain, age-60 years when she was going to market in Chandanpur in Puri District a car from back side accident her. She was fell down and her two legs seriously injured. She was brought by PCR to DHH, Puri for treatment. She had no attendant to look after her. Immediately Sahaya volunteers provided her medical service during the treatment and contacted her family and handed over her as soon as they arrived.

SAHAYA has been helping thousands of destitute people with special medical care. By emergency rescue operation of SAHAYA team and timely treatment saves their lives. Many people got new lives. Many of them are restored to their families and some are sent to destitute homes .

## ***Old Age Home***

SAHAYA runs an old age home since from june-2017 at Sundarapada, Bhubaneswar. They are provided with proper care like treatment, food, medicine and clothes. A donor SRB Consultancy Pvt.Ltd. extended its support to SAHAYA for the service of destitute people.



## ***Medication is everyone's Right***

The people of slums suffer from a number of communicable diseases and warm infestation due to a rudimentary waste disposal system and insanitary living condition. The streets of the city are the breeding ground of antisocial activities, alcoholism and prostitution. Misery and sufferings, poverty and destitution are the integral part of the people in the city. Thousands of people from the city visit Capital Hospital and often they are exploited and are not able to access the proper services from the hospital in times of need.

The volunteers of Sahaya address to the needs of these neglected vulnerable people with emergency medical care and basic amenities required during their treatment. It also links them to a long term rehabilitation or restoration to their families.

Many people are found sick and dying underneath the railway flyover or city over bridges in the city of Bhubaneswar. Sahaya volunteers rescue these people and put them in the hospital. They work till these people are completely rehabilitated. While the most serious cases from





among the streets get immediate attention and first aid at the spot, those requiring long-term rehabilitation are also helped for the same.

This year 324 destitute patients have been helped to get treatment in the Capital Hospital. They were provided with necessary amenities including medicine and blood units and attendants. 254 of them were restored to their homes and others were referred to different NGO run homes.

### ***Road Accident Helpline***

Road accidents have earned India a dubious distinction. With over 1,30,000 deaths annually, the country has overtaken China and now has the worst road traffic accident rate worldwide. Every hour 40 people under the age of 25 died in road accidents around the globe. In India alone, the death rate rose to 14 per hour.

Many a time the victims of road accidents suffer unattended. Due to absence of care and emergency medical services, we lose many valuable lives either on the accident spot or at the hospital. As we observe, on an average, 10 accident cases are registered only in Capital Hospital.

SAHAYA runs two 24x7 Road Accident Help lines with the help of Odisha Road Safety Society of Road and Transport Authority. One runs from Baramunda Bus stand to Khordha and the other runs from Bhubaneswar city to Pipil. The road safety Authority has supplied two ambulance to transport the victims of road accidents from the accident spot

to hospital. The trained road accident volunteers rescue the victims as soon as they receive a telephone call. They provided expertise first aid service at spot and transport the patient to the hospital as soon as possible. The patient is provided with medicine, blood, food, clothes, attendant and other services till the relatives of the patient start attending him. The critical referred to SCB Medical College and Hospital are also transported by the SAHAYA volunteers. In case of destitute victims, they are referred to NGO run homes as soon as they are discharged from the hospital.





During the year 2018 SAHAYA has intervened with 573 road accident cases of which 339 are from Bhubaneswar city to Pipli help line and 234 from Baramunda to Khordha Helpline. It also takes the help of PCR police to transport the cases to Capital Hospital. The road accident volunteers keep themselves ready 24 hours to rescue the victims and attend at the hospital. The organization has appointed two volunteers at Capital Hospital to attend the road accident victims rescued by the PCR vans and other parties.

SAHAYA participated in Road Safety week from 23rd to 29th April 2018 at Patia, Bhubaneswar under RTO-2 to conduct awareness on use of Helmet, obey traffic rules and how to cross the road safely to the people for their happy journey.

### ***Reaching out to un-reached***

The organization promotes a sustainable health care plan by organizing community health awareness programs whereby it focuses on responsible parenthood, maternal care, and reproductive health.

In addition, it organized Health Camps at different places for those who find it difficult to reach at the hospital. This year it organized a Health camp at Tikarapada, Khordha which is far away from the hospital. This was organized with the support of Hari Om Club, Bhubaneswar. Six doctors and two pharmacists from Sum Hospital participated & conducted health check up and dispensed medicine. 242 patients were treated in the camp.

### ***Education for Empowerment***

Every child dreams of enjoying a happy childhood and looks forward to having a secure future. However, circumstances and situations force a sizeable majority of children to earn their livelihood at an age when they should be studying in schools. It is these vulnerable lives that Sahaya wishes to change with focused campaigns.



Sahaya reaches out to the marginalized section of children with remedial education. It provided library support to 14 schools, provided by IASF, USA.

It believes that the main purpose of education is to tap and evolve the latent potentials of the individual in the same way as nature evolves a tree out of a seed. To help in the growth of the consciousness, and for the progressive unfolding of their mind, education is considered to be the best means. Children are given ample opportunities in the school to dream the future. Again, education itself is not just the training of the mind, but the integral and harmonious development of the being. Sahaya emphasizes on the free and natural learning so that the inner potential of the children will blossom.

### ***Participation in Car festival.***

Car festival is a world's renowned festival organized in the city of Puri. People from different countries attend the festival. This year Sahaya team organized health program at the car festival. The volunteers were engaged to give first aid and transport the needy patient to hospital in emergency. They used two ambulances for the program.



### ***Our Board Of Directors***

	<u>Name</u>	<u>Designation</u>
1.	Sri. Santosh Kumar Sahu	President
2.	Dr. Jagabandhu Mishra	Vice President
3.	Sri. Kailash Chandra Sarangi	Secretary
4.	Dr. Bipin Bihari Panigrahi	Treasurer
5.	Smt. Mamata Padhi	Member

## ***We comply Credibility Alliance Norm***

1. All staff are full timers. They receive honorarium in the range of 4000 to 15000 per month. In addition some of the staff member also access free meals donated by a donor restaurant.
2. Nobody from the organization has traveled by air.
3. Some staff attended state level/district level training/conference/seminars with financially support of the organizing authority
4. No board member receives any salary from the organization.

## ***Award and Recognitions***

In recognition of the services rendered to bring a change in the society Sri Kailash Chandra Sarangi, Founder Secretary of Sahaya has received the following awards.

- a) Besant Selfless Service Award 2008 by Theosophical Order of Service, Bhubaneswar. He received the award from His Excellency Governor of Orissa.
- b) Sretha Samaj Sevi Puraskar 2008 by NETA.
- c) Mahamahopadhyaya Chandra Sekhar Singh Samanta Harichandan Mohapatra Samman – 2008 by Khandapara Vikash Parisad
- d) Sakha award – 2008.
- e) Krushna Chandra Mantry Memorial Award 2009 for Best Youth Social Worker form Nehru Institute of Youth Affairs.
- f) Brukhya Bandhu Samman – 2009 from Prerana a leading organization works on Environment.
- g) State Youth Award from the Chief Minister Naveen Patnaik on 05.03.2011 .
- h) CHITHI SUNMAN 2010 for selfless services
- i) District Red Cross Branch awarded on 14.06.2010.
- j) Awarded by Prerana on the occasion of 9<sup>th</sup> Bhubaneswar Mahostav on 3.6.2011.
- k) Award of Vocational Excellence 2011 from Rotary Club of Bhubaneswar on 30.10.2011.
- l) Odisha Citizens Award 2012 by Tata Steel organized by O TV, a private television channel
- m) Award from People's Forum, Bhubaneswar in 2012 for contribution in social work
- n) Social work award from Hari Om Club , Bhuabeswar in 2012
- o) Biju Pattanaik State Youth Award 2014 from Govt. of Odisha
- p) Human Rights Award 2014 from State Human Rights Commission, Odisha.
- q) Citizens' Forum for Human Right Award From 2016
- r) District Road Safety Committee Award From 2017 Odisha khordha.
- s) Awarded by Jaya Jagannatha Seva Semite 2018 Cuttack Odisha.

t) Awarded by Commissioner of Police 2018 Cuttack Odisha.

### ***Financial information***

Sahaya is financially dependent on the donations from the members, other well wishers. Details of financial information and audited statement of accounts will be available on demand. A savings bank account has been opened in the State Bank of India, Main Branch, Unit-I which is jointly operated by the Secretary and the President. Sri Jagabandhu Patra, Chartered Accountants audits the accounts annually.

### ***Thanks Donors***

The smile in the faces of destitute patients and the children in need of care and protection is only possible by the compassionate donation of our friends and well wishers. We would like to record our heart-felt gratitude for our donors who have been supporting to the cause and contributing to continue our activities.

