It's a small world after all
There is just one moon
And a golden sun
And smile means friendship for everyone
There is so much we share
That is time we've aware
It's a small world after all



# **Annual Report - 2008-09**

## SAHAYA

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## SAHAYA

Annual Report 2008- 09

We feel immense pleasure to place before, the regular Subscribers, Donors and the general public at large the Annual Report of Activities and Audited Statement of accounts of SAHAYA for the year 2008-09.

The organization has along and excellent record of service in the field of health care, education, social welfare program for the upliftment of underprivileged. We have crossed several milestones and have traveled through many ups and downs in our way of intercession.

## Sura Das got a new life!!

It was a cold winter evening. We received a phone call from a shop keeper of Samantarapur that a mentally challenged old man is dying on the road side. We rushed to the site & saw a half necked man having multiple injuries was lying. Worms were coming out of his wounded head. People were not touching him because of the foul smell coming from his body. It seemed as if he was waiting to die. Without wasting a minute we rescued him with the help of some local volunteers and admitted



him in the Capital Hospital – IDH ward. Our volunteers cleaned up his wound and the doctor immediately started his treatment. He was hospitalized for two months. As soon as he recovered he informed us about his family & address. We contacted his family and he was restored.

The endeavor was initiated by a kind-hearted man Kailash Sarangi who was working merely as a vegetable seller in the Unit – I Daily market, Bhubaneswar. He acted as a one man round the helpline for the needy people. If a person from any place in the city required emergency medical help at an odd hour, he is just a phone call away. Even railway police and hospital authorities take help from Kailash in case of emergency. Even today he is often seen at the Capital Hospital cleaning wounds of patients, giving food and bringing diagnosis reports for lonely patients. He does not even hesitate to spend everything he earns on these patients who are not known to him. The requirement of money for these needy patients increased. But he did not give up his noble work. He believes that God helps the person who helps poor and needy.

The splendid effort of Kailash was highly admired by a philanthropist Vegetable wholesaler Sri Santosh Kumar Sahoo who became his patron and extended his helping hand to Kailash's noble work. His wife Smt. Sasmita Sahoo was also a woman

behind him who supported her husband for this noble work. Then their team was enlarged which gave birth to Sahaya – a voluntary action group dedicated to the well-being of poor and destitute patients who suffer without a helping hand.

The strong desire to help the helpless has prompted the organization to expand its social action program. It has now started a school with 20 children living on and around the Railway Platform at an open sky makeshift school near the Bhubaneswar station.

#### **Our Vision**

Building a society free of disease and malnutrition, pain and sufferings, abandonment and destitution where the people love the neighbour as themselves to heal the sick and care for the weak and poor.

#### **Our Mission**

We seek to do this by providing physical help and support with medicine and other help to the destitute patients in the hospital and those who are in need of emergency medication like victims of road accidents, railway passengers who are sufferers of drug violence.

## Reaching out to un-reached with health care

The high incidence of disease and mortality rate in destitute and the people living on the street in consequence of poor nutrition, inaccessibility of medical care, absence of any physical support and money, and ignorance of preventive health issues is a matter of great concern. Every individual in our society has a right to survive and be protected from the hassles of disease. Sahaya strives to reach out to all these neglected folks with emergency medical care and basic amenities required during



their treatment and linking them to a long term rehabilitation or restoration to their families.

For the past seven years, Sahaya has been working among the destitute, addicts, sick and dying people underneath the railway flyover in Bhubaneswar, near the State Bus Terminus or at the railway hubs of the city. While the most serious cases from among the streets get immediate attention and first aid at the spot, those requiring long-term rehabilitation are also helped for the same. Our work is finished when the patient is restored to his/her family or rehabilitated at any destitute home.

Over the past seven years, more than 1000 people have been helped for medication at the Capital Hospital. Many of those who were brought to the hospitals were mentally unstable, handicapped and unable to cope with life on the streets. It is for these children, women and men at risk that Sahaya hopes to give an answer.

#### Education is the right of every child

Numerous children living on the street, railway station and in slums are growing in an environment of utter neglect and deprivation. Thousands go without food, shelter and education. They are forced to work in a pitiable state for their very sustenance. Children are still sexually exploited. They are often victims of fortune and maltreatment. Innumerable children die daily of starvation, undernourishment and neglect.

Sahaya reaches out to these marginalized section of children with alternative schools. It runs two schools – one at the railway station of Bhubaneswar and one in a slum at Maa Phuleswari. Sahaya's schools are the schools with difference. It believes that the main purpose of education is to tap and evolve the latent potentials of the individual in the same way as nature evolves a tree out of a seed. A human being is not merely a mental or physical being but an evolving soul growing in consciousness. This consciousness must be nurtured to grow and widen itself. To help in the growth of the consciousness, and for the progressive unfolding of the mind, education is considered to be the best means. Children are given ample opportunities in the school to dream the future because as Eleanor Roosevelt said "the future belongs to those who believe in the beauty of their dreams.



Again, education itself is not just the training of the mind, but the integral and harmonious development of the being. Sahaya emphasizes on the free and natural learning so that the inner potential of the children will blossom.

## **Donate Blood save life**

The high prevalence of blood related disease, anemia, malnutrition in the society and the towering incidence of road accidents have increased the need of blood transfusion. The Blood banks are expected to give blood to the patients suffering from thalasemia and the destitute patients in need of blood without any exchange. Many a times these banks run short of bloods as a result the needy people die in absence of blood. To meet the requirement of blood for destitute and needy patients and the victims of road accidents we help the Blood Bank authority. We organize blood donation camps form time to time. During this year we organised two camps as follows.

Date	Place	Blood collected	Donated to Blood Bank
08.08.2008	Unit – I, Market, Bhubaneswar	80 units	Capital Hospital
14.12.2008	Red Cross Blood Bank	18 units	Capital Hospital
30.3 .2009	Unit – I, Market, Bhubaneswar	57 units	Capital Hospital
27.02.2009	Siridi Sai Temple, Unit – III, BBSR	60 units	Capital Hospitals

## **Emergency relieve during disaster**

The devastated flood took many lives. The poor people living in rural belts became the worst sufferer of the flood. We reached out to them with the emergency relief of cooked food and dry nutrition. The relief team visited the following areas.



Area	No. of villages covered	Materials distributed	Population reached
Kendrapara	05 villages	Cooked food, dry nutrition,	2000
Cuttack	04 villages	Dry nutrition	1500
Delanga, Puri	03 villages	Cooked food	1000

#### **Future Plan**

#### 1. To run a Patient Information Centre

Sahaya acknowledges the needs of poor ignorant people who come to Capital Hospital for specialized medical service. These uninformed people are often fail to spot the hospital wards, get correct medical information and facilities. On the other hand, a number of patients die without a bottle of blood and some medicine. No body comes forwards to help a penniless patient. It also has been observed that many patients do search for an attendant since they have no body to look after them during their treatment at the hospital.

In response to the above needs Sahaya has planned to run a patient information and assistance service at the Capital Hospital. We would be providing the poor and needy patients all possible services and supplement the work of hospital. Our aim is to render a better service and care to the poor patients with a joint endeavor of Sahaya and the Capital Hospital authority.

#### 2. To run a Road Accident Helpline

The number of accidents for 1000 vehicles in India is as high as 35 while the figure ranges from 4 to 10 in developed countries. As we observe, on an average, 10 accident cases are registered only in Capital Hospital. We also have analysed that due to non attendance and instant assistance many victims die on the spot or at the hospital. An emergency ambulance service may save the lives of many a victim of road accidents.



### **Our Managing Committee**

SI.	NAME	OFFICE	BACKGROUND & OCCUP.
1	Sri. Santosh Kumar Sahu	President	Social worker and Businessman
2	Smt. Sasmita Sahu	Vice President	Social Worker
3	Sri. Kailash Chandra Sarangi	Secretary	Social Worker
4	Smt. Pratima Kar	Joint Secretary	Social Worker
5	Sri. Jayadev Sahoo	Treasurer	Social Worker
6	Sri. Suresh Ch. Sarangi	Member	Social Worker
7	Sri. Ramesh Ch. Nayak	Member	Social Worker

## We comply Credibility Alliance Norm

- 1. All staff are full timers. They receive honorarium, which is less than Rs. 2000/-per month.
- 2. Nobody from the organization has traveled by air.
- 3. Some staff attended state level/district level training/conference/seminars with financially support of the organizing authority
- 4. No board member receives any salary from the organization.

## **Award and Recognitions**

In recognition of the services rendered to the destitute patients and children Sri Kailash Chandra Sarangi, Founder Secretary of Sahaya has received the following awards.

- a) Besant Selfless Service Award 2008 by Theosophical Order of Service, Bhubaneswar. He received the award from His Excellency Governor of Orissa.
- b) Sretha Samaj Sevi Puraskar 2008 by NETA.
- c) Mahamahopadhya Chandra Sekhar Singh Samanta Harichandan Mohapatra Samman 2008 by Khandapara Vikash Parisad
- d) Sakha award 2008

#### Financial information

Sahaya is financially dependent on the donations from the members, other well wishers. Details of financial information and audited statement of accounts will be

available on demand. A savings bank account has been opened in the State Bank of India, Main Branch, Unit - I which is jointly operated by the Secretary and the President. Sri Jagabandhu Patra, Chartered Accountants audits the accounts annually.

#### **Thanks Donors**

We would like to record our gratitude for our donors and well wishers who have been supporting the cause. The smile in the faces of hundreds of destitute patients is possible only by the support we received from our friends.



