

*It's a small world after all
There is just one moon
And a golden sun
And smile means friendship for everyone
There is so much we share
That is time we've aware
It's a small world after all*



Annual Report - 2009 - 10

S A H A Y A

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Committed to end sufferings of destitute

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Annual Report - 2009- 10

This is our proud pleasure to place the Annual Report of SAHAYA for the year 2009-10. This year has taken us through many ups and downs, accomplishment and challenges, success and failures but every step was a learning point for us.

India is in good health! But the alarming rise in numbers of accident casualty, malnourishment deaths and female foeticides, death of destitute patients in the hospitals without care portray a different reality. Laws promising social justice seem good only on paper. People continue to face discrimination and are judged by caste, gender, ethnicity, religion, ability and socio-economic background.

Bhasia got a new Life.....

Bhasia Behera 25, a destitute person was dying of serious multiple diseases including severe anemia. His groin was acutely swollen and septic. When reported, the Sahaya team rescued him from the road side of Saliasahi slum and admitted him in the Capital Hospital. Doctor conducted an operation and transfused six units of blood. After a little over two months of medication and care he was cured and was restored to his home. Sahaya volunteers looked after his medication and took care of all his needs during hospitalization.

The Genesis

This successful venture was primarily initiated by a kind-hearted man Kailash Sarangi who was working merely as a vegetable seller in the Unit – I Daily market, Bhubaneswar. He acted as a one man round the helpline for the needy people. If a person from any place in the city required emergency medical help at an odd hour, he is just a phone call away. Even railway police and hospital authorities take help from Kailash in case of emergency. Even today he is often seen at the Capital Hospital cleaning wounds of patients, giving food and bringing diagnosis reports for lonely patients. He does not even hesitate to spend everything he earns on these patients who are not known to him. The requirement of money for these needy patients increased. But he did not give up his noble work. He believes that God helps the person who helps poor and needy.

The splendid effort of Kailash was highly admired by a philanthropist Vegetable wholesaler Sri Santosh Kumar Sahoo who became his patron and extended his helping hand to Kailash's noble work. His wife Smt. Sasmita Sahoo was also a woman behind him who supported her husband for this noble work. Then their team was enlarged which gave birth to Sahaya – a voluntary action group dedicated to the well-being of poor and destitute patients who suffer without a helping hand.

The strong desire to help the helpless has prompted the organization to expand its social action program. It has now started a school with 20 children living on and around the Railway Platform at an open sky makeshift school near the Bhubaneswar station.

Pramila was survived from a sure death....

Pramila Biswal a 45 years destitute woman beggar was rescued from the road side of Kalpana Square. Seriously injured by a road accident she was struggling to survive. Sahaya volunteers admitted her into the Capital Hospital. She got multiple grave injuries in her leg, hand, head, chest and many other parts of her body. After hospitalization for over a month time she was discharged. Sahaya extended all necessary support and care during her medication. Since she did not have any support system she was referred to Sakha a voluntary organization at Cuttack for shelter care.

Our Vision

Building a society free of disease and malnutrition, pain and sufferings, abandonment and destitution where the people love the neighbor as themselves to heal the sick and care for the weak and poor.

Our Mission

We seek to do this by providing physical help and support with medicine and other help to the destitute patients in the hospital and those who are in need of emergency medication like victims of road accidents, railway passengers who are sufferings of drug violence

Medical Health – Everyone's right

Bhubaneswar, Orissa's capital is a major railway hub of the East Coast. It attracts a countless number of impoverished, homeless and unemployed families. Migrating from rural areas to the city in search of work, these families congregate on the vacant lands. Many of them live on the pavement or railway station. Disease and sufferings, drugs and alcohol, poverty and destitution are the plight of over 300,000 people who live in the slums and on the street.

The soaring prevalence of disease and mortality rate in destitute and the people living on the street in consequence of poor nutrition, inaccessibility of medical care, absence of any physical support and money, and ignorance of preventive health issues is a matter of great concern. Every individual in our society has a right to survive and be protected from the hassles of disease.

Sahaya acknowledges the need of these neglected folks with emergency medical care and basic amenities required during their treatment. It also links them to a long term rehabilitation or restoration to their families.

As per the government report, road accidents is no more remain an other man's concern. With an alarming magnitude of more than 2500 human deaths, 10,000 injured and fatality rate of 33 in Orissa State, the issue has emerged as everybody's concern. Many a times the victims of road accidents suffer unattended. Due to the absence of care and emergency medical services, we loose many valuable lives either on the accident spot or at the hospital.

It has been working among the destitute, addicts, sick and dying people underneath the railway flyover in Bhubaneswar, near the State Bus Terminus or at the railway hubs of the city. It also rescue and rehabilitate the victims of road accidents. While the most serious cases from among the streets get immediate attention and first aid at the spot,

those requiring long-term rehabilitation are also helped for the same. Its work is finished when the patient is restored to his/her family or rehabilitated at any destitute home.

Patient Information Centre

Sahaya acknowledges the needs of poor ignorant people who come to Capital Hospital for specialized medical service. These uninformed people are often failing to spot the hospital wards, get correct medical information and facilities. On the other hand, a number of patients die without a bottle of blood and some medicine. No body comes forwards to help a penniless patient. It also has been observed that many patients do search for an attendant since they have no body to look after them during their treatment at the hospital.

In response to the above needs Sahaya runs a patient information and assistance service at the Capital Hospital. It provides the poor and needy patients all possible services and supplement the work of hospital. The aim is to render a better service and care to the poor patients with a joint endeavor of Sahaya and the Capital Hospital authority.

Road Accident Helpline

The number of accidents for 1000 vehicles in India is as high as 35 while the figure ranges from 4 to 10 in developed countries. As we observe, on an average, 10 accident cases are registered only in Capital Hospital. We also have analysed that due to non attendance and instant assistance many victims die on the spot or at the hospital. The Road Accident Helpline supported by the Road Transport Authority of Orissa has been running by Sahaya in the city. It covers the area from Baramunda Bus Terminal to Khurda. Inaugurated by the Sri Sarada Kumar Mohapatra, Addnl. Commissioner, Road Transport Department, Government of Orissa on 18.12.2010 the Helpline has provided with necessary assistance to 193 victims of road accidents. The service starts from first aid service at the accident sports and ends when the patient is handed over to his/her relatives or referred to any NGO run short stay homes.

During this year Sahaya has initiated a variety of medical programs for the needy people.

<u>Medical Program</u>	<u>No. of patients attended</u>
1. Medical Help to Destitute patients	228
2. Support to Road Accident Victims	193
3. Information given to patients	19,028.
4. Patients rehabilitated to their homes	136
5. Patients referred to destitute homes	22

Your Blood can save a life

The towering incidence of blood related diseases, anemia, malnutrition growing rate of road accidents are responsible for the increasing need of blood in the blood bank. On the other hand the destitute patients and those who suffer from Thalasemia need blood without any exchange. As a result the Blood Banks always run short of blood and require donated blood from time to time to meet the necessities. Sahaya extend its hand to help the Blood Bank at Capital Hospital by organizing regular blood donation camps in the city with different groups of the population. This year it has organised 02 of such camps as given under.

Date	Place of the Camp	Units collected	Donor group
03/05/2009	Siridi Sai Temple, Satya Nagar	60	Siridi Sai devotees
24/10/2009	Unit – I Market, BBSR	78	Business people

Reaching out to un-reached

India recognizes the incidence of high disease and mortality rate in the slum people especially the young children, malnutrition in the children, high mortality and morbidity rates as a result of frequent child bearing and poor nutrition of their mothers. We seek to ensure the survival, protection, and the healthy development of children in the assisted programme areas, as well as the promotion of reproductive health and well being of women and adolescents. We achieve this by promoting sustainable community health awareness whereby we focus on responsible parenthood, maternal care, and reproductive health, by reaching out to them with mobile health units or through mobile health camps. Our objective is to bring about a lasting improvement in their lives. During this year in addition to several awareness activities we organised two major health camps in the slums. One was on 11th March 2010 at Lingaraj Leprosy slum and other was on 22nd March 2010 at Maa Phuleswari slum. Health check ups for over 500 people were conducted of which 200 patients were distributed with medicines. Dr. Lingaraj Pradhan, Dr. Kabita Nayak, Dr. Jagabandhu Mishra and Dr. Debendra Pradhan etc. conducted these health camps.

Education for Empowerment

It has been observed that on average within 30 minutes of arrival at a main Bhubaneswar railway station a vulnerable young person is approached by someone who may not have his well being at heart. Within hours he/she may be lured into drugs, prostitution or other dangerous activity.

Admittedly the state of children in the Bhubaneswar city especially those who live on the street / railway station and in the slums is very discouraging and a large section of them are undernourished, go without shelter, are not properly treated in their illness and grow even without many of their basic needs having been met. There are still children who are

deserted and rendered orphan with no one to take care of them. Many children are the unfortunate victims of family abuse and willful violence committed by the adult society. The instances of children used for prostitution are also galore. Education is a distant dream for these children.

Sahaya reaches out to these marginalized section of children with alternative schools. It runs two schools – one at the railway station of Bhubaneswar and one in a slum at Maa Phuleswari. Sahaya's schools are the schools with difference. It believes that the main purpose of education is to tap and evolve the latent potentials of the individual in the same way as nature evolves a tree out of a seed. To help in the growth of the consciousness, and for the progressive unfolding of their mind, education is considered to be the best means. Children are given ample opportunities in the school to dream the future because as Eleanor Roosevelt said “the future belongs to those who believe in the beauty of their dreams.

Again, education itself is not just the training of the mind, but the integral and harmonious development of the being. Sahaya emphasizes on the free and natural learning so that the inner potential of the children will blossom.

Tree is Life

India is suffering from a harsh ecological problem due to rapid deforestation in the society. Due to unplanned city program and the increasing activities of Jungle mafia we are losing lakhs of trees which means we are digging our coffin holes. If new jungles are not created with an immediate effect, the human civilization will be vanished in very near future. Sahaya recognizes the need of the trees and tries to put all possible effort to make Bhubaneswar a green city. It regularly creates public awareness and plants trees for life. In recognition to the committed work towards a green city revolution of Sahaya, the Secretary Sri Kailash Chandra Sarangi has awarded with the Brukhya Bandhu Samman- 2009.

Our Managing Committee

<i>Sl</i>	<i>Name of the Governing Board Member</i>	<i>Designation</i>
1	Sri. Santosh Kumar Sahu	President
2	Smt. Sasmita Sahu	Vice President
3	Sri. Kailash Chandra Sarangi	Secretary
4	Smt. Pratima Kar	Joint Secretary
5	Sri. Jayadev Sahoo	Treasurer
6	Sri. Suresh Ch. Sarangi	Member
7	Sri. Ramesh Ch. Nayak	Member

We comply Credibility Alliance Norm

1. All staff are full timers. They receive honorarium in the range of 1500 to 5000 per month. In addition some of the staff member also access free meals donated by a donor restaurant.
2. Nobody from the organization has traveled by air.
3. Some staff attended state level/district level training/conference/seminars with financially support of the organizing authority
4. No board member receives any salary from the organization.

Award and Recognitions

In recognition of the services rendered to bring a change in the society Sri Kailash Chandra Sarangi, Founder Secretary of Sahaya has received the following awards.

- a) Besant Selfless Service Award 2008 by Theosophical Order of Service, Bhubaneswar. He received the award from His Excellency Governor of Orissa.
- b) Sretha Samaj Sevi Puraskar 2008 by NETA.
- c) Mahamahopadhya Chandra Sekhar Singh Samanta Harichandan Mohapatra Samman – 2008 by Khandapara Vikash Parisad
- d) Sakha award – 2008.
- e) Krushna Chandra Mantry Memorial Award 2009 for Best Youth Social Worker form Nehru Institute of Youth Affairs.
- f) Brukhya Bandhu Samman – 2009 from Prerana a leading organization works on Environment.

Financial information

Sahaya is financially dependent on the donations from the members, other well wishers. Details of financial information and audited statement of accounts will be available on demand. A savings bank account has been opened in the State Bank of India, Main Branch, Unit - I which is jointly operated by the Secretary and the President. Sri Jagabandhu Patra, Chartered Accountants audits the accounts annually.

Thanks Donors

The smile in the faces of destitute patients and the children in need of care and protection is only possible by the compassionate donation of our friends and well wishers. We would like to record our heart-felt gratitude for our donors who have been supporting to the cause and contributing to continue our activities.



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